Portobello Massage Newsletter

May 2015

Dear lovely Clients

Hello and welcome to the May 2015 edition of the Portobello Massage Newsletter!

Well folks, I made it back from Japan in one piece! I t was a rather extraordinary experience and I would encourage anyone to go to Japan - an astoundingly beautiful country with such kind, helpful people.

Last month for me was about journeying out and within. Now it is May. The cherry blossoms are out, the days are noticeably longer and thoughts are turning to summer and lighter things.

Speaking of lighter topics, today is May the Fourth (still) - Star Wars Day! I hope you'll indulge me a little bit of fun...

Positive thoughts

"Do or do not. There is no try." - Yoda "Fear is the path to the dark side. Fear leads to anger. Anger leads to hate. Hate leads to suffering." - Yoda "Train yourself to let go of everything you fear to lose." - Yoda "May the force be with you." - Yoda

The groan worthy jokes...

Why did the angry Jedi cross the road? To get to the Dark Side.

What do you call the website Chewbacca started that gives out Empire secrets? Wookieleaks.

Please remember to **pass this newsletter on** to someone you know who might appreciate it. Maybe together we can help someone smile! Please note that past newsletters are now posted on the website under <u>Contact</u>. Please remember that <u>gift vouchers</u> are always a popular gift.

Also, if you like this newsletter and would like a bit more of wacky Portobello Massage humour, click 'like' on the Portobello Massage Facebook page, available <u>here</u>.

I hope you've enjoyed this newsletter and I look forward to seeing you very soon for a massage.

Enjoy!

Ann Milović

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